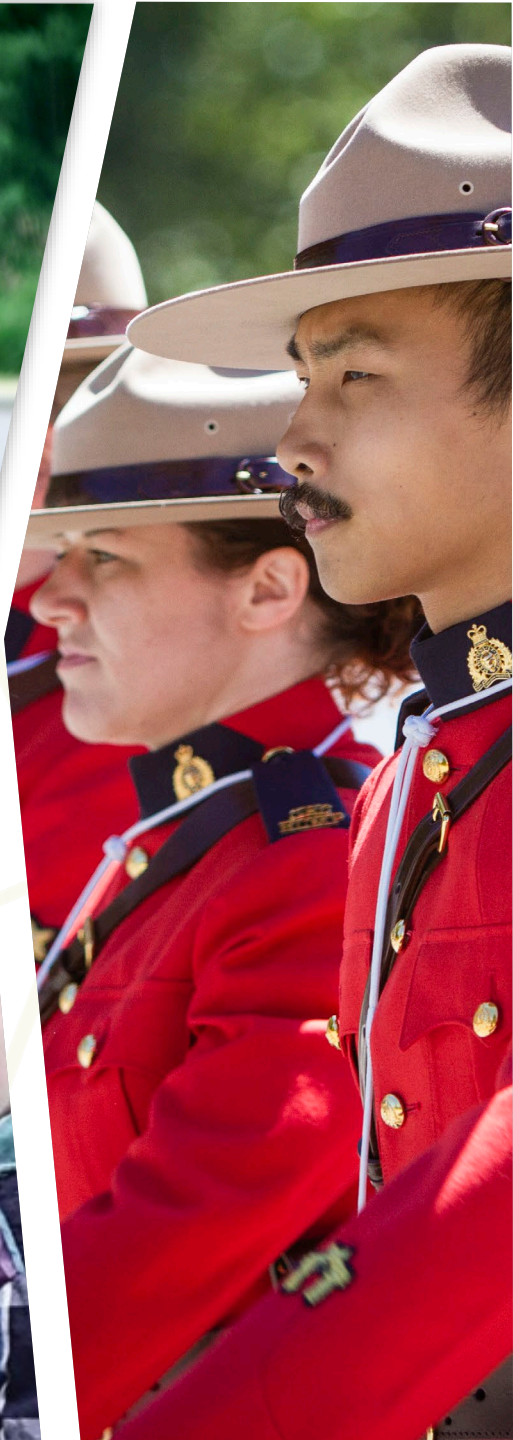




ATLAS
INSTITUTE
FOR VETERANS AND FAMILIES

CIMVHR Forum 2025 travel grants



Meet & greet and orientation

October 01, 2025
atlasveterans.ca

Agenda

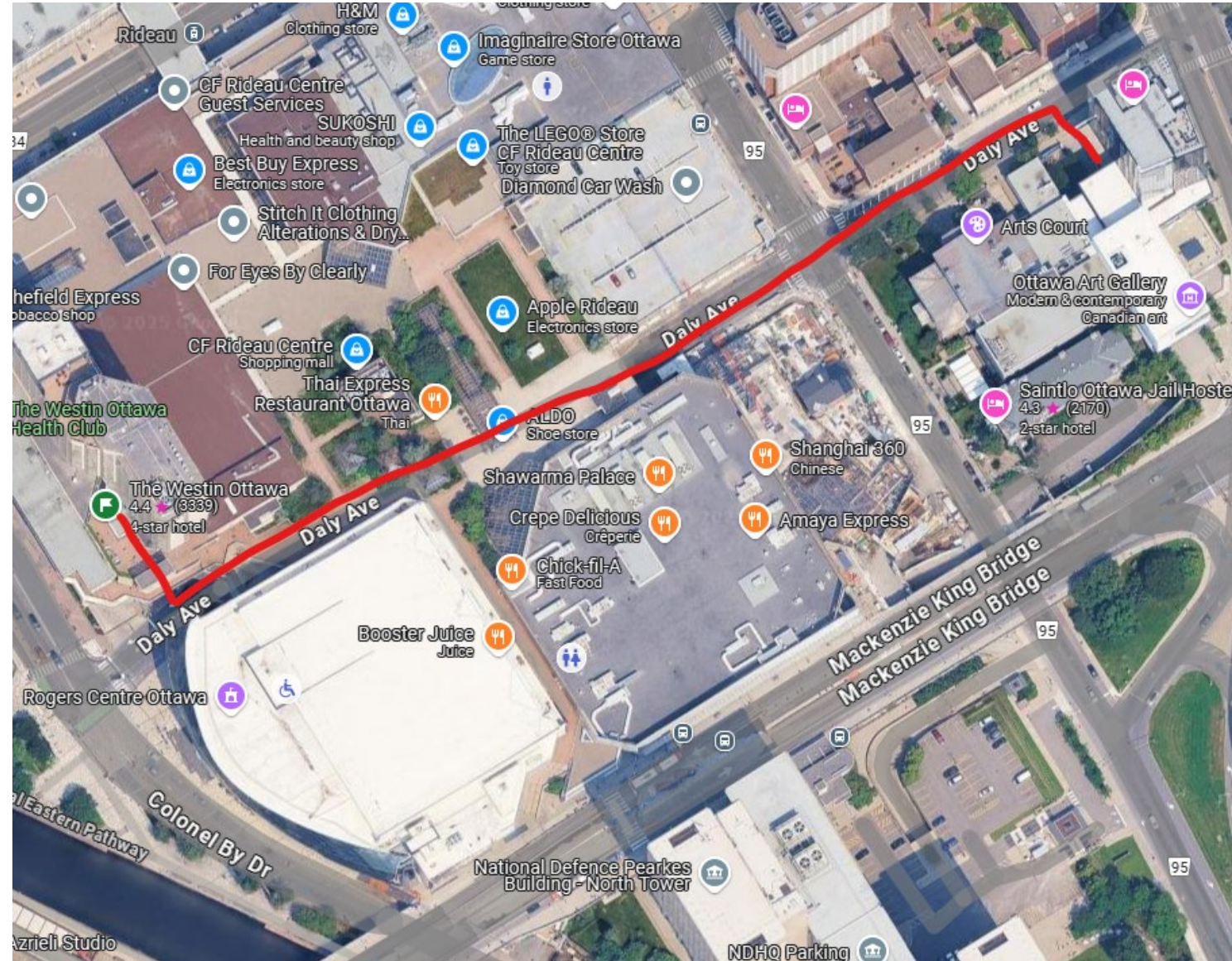
- 3:30 p.m. - - - - ➤ **Welcome and introduction**
- 3:40 p.m. - - - - ➤ **CIMVHR Forum 2025: Open discussion**
- Why attend CIMVHR Forum?
 - What to expect when you arrive
 - What to expect at our pre-Forum event
 - Questions
- 3:55 p.m. - - - - ➤ **Atlas at CIMVHR Forum 2025**
- Where to find Atlas at CIMVHR Forum
 - Neurofeedback booth
 - Types of presentations
 - Navigating the program
 - Tips and reminders
- 4:25 p.m. - - - - ➤ **Post-CIMVHR Forum survey and debrief**
- 4:30 p.m. - - - - ➤ **Closing**

Travel grants

- Introductions
- What is included in the travel grants
- What Atlas is hoping you can take away from CIMVHR Forum
- Travel grant webpage updates and expense submission
- Questions

Event details

- **Date:** Monday, October 20, 2025
- **Time:** 5:30 – 9 p.m., Eastern time
- **Location:** Ottawa Art Gallery
(Alma Duncan Salon), 10 Daly Ave.
- **Language:** This event will be hosted in English



CIMVHR Forum 2025: Open discussion

- Why attend CIMVHR Forum?
- What to expect when you arrive at CIMVHR Forum
- What to expect throughout CIMVHR Forum

CIMVHR Forum 2025: Open discussion

- What to expect when you arrive in Ottawa
- Connecting in Ottawa
- WhatsApp group



**Scan this QR code using
the WhatsApp camera to
join this group**

Questions?

Atlas at CIMVHR Forum 2025

- Where to find Atlas at CIMVHR Forum 2025
- Short Research 101 orientation
- Questions?



Neurofeedback demonstration

- Neurofeedback is an **emerging, non-invasive, medication-free therapy** that helps your brain learn healthier activity by showing you how it's working in real time.
- At Atlas, we're researching neurofeedback as a potential PTSD therapy, exploring **which brain areas to target, how to deliver it and how to guide people through it.**
- **Try it yourself!** Our live demo lets attendees experience a quick, safe, hands-on neurofeedback session right at the booth.

Neurofeedback demonstration



Photo credit: Justin Tang

Types of presentations at CIMVHR Forum

Plenary sessions

- All delegates encouraged to attend
- Sole presenter or moderated panel
- Priority topic

Podium presentations

- Individual presentations, organized by theme
- 15 minutes each, plus 5 minutes for Q&A

Types of presentations at CIMVHR Forum

Poster session

- Dedicated session
- Author(s) accompany poster to discuss work and answer questions
- Posters are displayed throughout the conference

Phases of research presented

- Completed research
- In-progress research
- Protocol papers
- Dissertation or thesis research
- Program evaluation

Preparing

- Formulate research question
- Literature review
- Choose research methods and instruments — qualitative, quantitative, mixed
- Prepare research assets
- Research Ethics Board

Collecting data

- Research recruiting
- Active surveys, focus groups, workshops, experiments, etc.
- Collect data
- Analyze data

Summarizing

- Research findings
- Recommendations
- Knowledge mobilization and implementation plan

Navigating the program

Before the conference

- Scan or search book of abstracts (CTRL+“F”)
- Note day, time, location of sessions you want to attend (subject to changes)

During the conference

- Program usually organized by population (e.g. Veterans, serving members, public safety personnel), date, time, session title (theme)
- “Session title” is the theme that links presentations

VETERANS / VÉTÉRAN(E)S

HEALTH POLICY

Poster Presentations

- P161: The Gordian Knot of Suicide: A review of ecological and military/veteran clinical literature 80
Gill, Christopher, BA¹; Hamner, Karl, PhD¹; Fadoir, Nicholas, MA²; Rogers-Farris, Sierra, MA¹; Smith, Phillip, PhD²; Caine, Eric, PhD³

HEALTH SERVICES

Podium Presentations

- 4D04: Understanding the Unique Needs of Canadian Armed Forces Veterans Living with Chronic Pain: A systematic review 80
Williams, Ashley, PhD(Cand)^{1,2}; Nazari, Goris, PhD²; Miller, Jordan, PhD²; Ross-White, Amanda, MLIS²; Tam-Seto, Linna, PhD¹; Tam-Seto, Linna, PhD¹; Cramm, Heidi, PhD²; Wolfrom, Brent, MD²; McKinnon, Margaret, PhD¹
- 5C04: Transition Needs among Veterans who Live with Chronic Pain: A systematic review 81
Patel, Mansi, BSc¹; Jomy, Jane, BHSc¹; Couban, Rachel, MA¹; Thompson, James, MD²; Le Scelleur, Héliène, MSW³; Busse, Jason, PhD^{1,3}
- 6E02: Differences in Mental Health Service use between Canadian Armed Forces Members and Veterans: Data from the 2018 CAF Members and Veterans Mental Health Follow-Up Survey 81
St. Cyr, Kate, MSc^{1,2}; Liu, Aihua, PhD³; Plouffe, Rachel A., PhD^{1,4}; Nouri, Maede, MSc¹; Wanklyn, Sonya G., PhD^{1,5}; Bird, Brian, PhD⁶; Forchuk, Callista A., MSc¹; Nazarov, Anthony, PhD^{1,4,7}; Richardson, Don, MD^{1,4,5,7}
- 6E03: Investigating the Association between Military Length of Service and Rate of Emergency Department Visits Following Release 82
Saunders, James, BSc¹; Sutradhar, Rinku, PhD¹; Aiken, Alice, PhD²; Cramm, Heidi, PhD²; Kurdyak, Paul, MD¹; Mahar, Alyson, PhD⁴
- 6E05: Measuring health in veterans: a systematic review of instruments and their measurement properties 82
Jomy, Jane, BHSc¹; Jani, Payal, BHSc¹; Sheikh, Fatima, BSc¹; Charide, Rana, BSc¹; Couban, Rachel, MA¹; Kligler, Ben, MD²; Thompson, James, MD²; Darzi, Andrea, MD, PhD¹; White, Bradley, BA⁴; Hoppe, Tom, MSc⁴; Busse, Jason, PhD^{1,4}; Zeraatkar, Dena, PhD¹
- Poster Presentations
- P140: Effectiveness and Engagement in Self-education: A mixed methods study for veterans living with chronic pain 83
Uddin, Zakir, PhD¹; Carlesso, Lisa, PhD¹; Macedo, Luciana, PhD¹; Katz, Laura, PhD²; Packham, Tara, PhD^{1,2}
- P147: The Clinician's Experience: Covid-19 Pandemic Transition to Digital Delivery of Trauma Therapy with Trauma-Affected Populations 83
Yap, Sidney, PhD(Cand)¹; Wozniak, Rashell, BA¹; Dunleavy, Rachel S., BE¹; Bright, Katherine, PhD¹; Brown, Matthew, PhD¹; Burbach, Lisa, MD¹; Bremault-Phillips, Suzette, PhD¹
- P158: Team-based Primary Care for Canadian Armed Forces Veterans: A single case study 84
Williams, Ashley, PhD(Cand)¹; Donnelly, Catherine, PhD¹; Pedlar, David, PhD¹; Cramm, Heidi, PhD¹

FAMILIES / PROCHES

Ongoing evaluation will inform future iterations and policy and programming to redress identified gaps.

5D02: Exploring the Occupational Lifestyle Experiences of the Families of Public Safety Personnel

Richmond, Rachel, PhD(Cand)¹; Norris, Deborah, PhD²; Mahar, Alyson, PhD²; MacDermid, Joy, PhD³; Dekel, Rachel, PhD⁴; Cramm, Heidi, PhD¹

¹Queen's University; ²Mount Saint Vincent University; ³University of Manitoba; ⁴University of Western Ontario; ⁵Bar Ilan University

Introduction: Public safety personnel (PSP) are regularly exposed to physical and psychological risks. Despite recent attention on operational stress injuries among these personnel, there has been considerably less attention paid to the ongoing ways in which the risks and requirements associated with these occupations impact family life, and correspondingly, how families respond and adapt to these lifestyle factors. This review sought to identify and describe the experiences of families of public safety personnel as they navigate through the occupational risks and requirements of public safety work.

Methods: This qualitative systematic review was conducted in accordance with the Joanna Briggs Institute methodology for systematic reviews of qualitative evidence. Six databases (Embase, MEDLINE, Web of Sciences, CINAHL, PsycINFO, and Sociological Abstracts) were searched with the consultation of librarians to identify qualitative studies written in English that examined the experiences of PSP family members. All returns were entered into Covidence where duplicates were removed. Two screeners independently screened first by title/abstract, then for full text against the inclusion/exclusion criteria, and finally conducted a critical appraisal of all included studies. Any conflict was discussed and resolved in group settings. Data extraction was completed by RR in MAXQDA and discussed with HC and RD to establish rigour. A meta-aggregation approach was then used to synthesize and analyze the data.

Results: From 17121 retrieved articles, 17 were included in the analysis from 2005 to 2021 originating from six countries, with the majority from the USA. Familial data were primarily from female heterosexual partners of male PSP, with only three including the voice of PSP children. Despite searching for five public safety sectors, qualitative data from the family was only present for police, paramedic, and firefighter sectors, resulting in no representation from corrections or communicator families. This presentation will explain the main lifestyle factors that impact PSP families and the strategies they implement to cope.

steps in this area should involve confirming and deepening the understanding of the experiences of these public safety families and developing programs and resources to address their specific needs. More research needs to concentrate on underrepresented populations such as correctional and communicator families as well as children, as these voices are still rarely present and not yet understood.

5D03: Public Safety Personnel Family Resilience: A narrative review

Cox, Marilyn, MA¹; Norris, Deborah, PhD²; Cramm, Heidi, PhD²; Richmond, Rachel, MA¹; Anderson, Gregory, PhD¹

¹Queen's University; ²Mount Saint Vincent University; ³Thompson Rivers University

Introduction: The families of public safety personnel (PSP) are unique from the general population given that they must adapt to the many demands associated with PSP careers such as shiftwork, trauma exposure, and dangerous work environments. Research on the effect of these cumulative demands on PSP has received increased attention but less is known about the experiences of families. The primary goal of this review was to synthesize and explore existing research to identify what is unique about PSP families and develop an understanding of the relationship between work demands and family processes. The narrative review was a means to summarize and interpret a diverse body of literature on PSP families and a synthesis from the military family resiliency literature was used to interpret the findings. It has served to identify significant gaps in the literature where research is needed.

Methods: A narrative review allowed the research team to address a diverse body of literature on PSP families that incorporated a variety of research methods from different disciplines. Articles were selected based on keyword searches in 15 databases and imported into MAXQDA for further analysis. Fifty-four articles met inclusion criteria and were coded to map major themes. Thematic analysis facilitated the interpretation, merging, and reframing of the evidence.

Results: A synthesis for military family resilience was adapted for PSP families which addressed the contextual factors of structural interference, emotional interference, and risk of PSP injury. The prominent issues associated with each of these factors identified in the literature were summarized and interpreted. Meaning-making, collaboration, a sense of coherence, and communication were identified as themes associated with intrafamilial processes. Extrafamilial themes included public perceptions, a lack of recognition for family

Navigating the program

Tuesday, October 22 / Mardi, 22 octobre

7:00AM 7h00	REGISTRATION OPENS / TABLE D'INSCRIPTION OUVERTE Location / Lieu: Hall C City View Concourse - 3 rd floor / 3 ^e étage - Hall C City View Concourse
7:30-9:00 7h30 à 9h00	WORKSHOP 1 / ATELIER 1 Knowledge to action! Deploying the Veterans' Well-being Community Health Needs Assessment / Passer de la théorie à la pratique! Mise en œuvre de l'évaluation des besoins en matière de santé communautaire et de bien-être des vétérans et des vétéraniennes Location / Lieu: 2H
7:30-9:00 7h30 à 9h00	WORKSHOP 2 / ATELIER 2 Supporting Children, Teenagers and Parents: Building International Capacity to Deliver Impact, Knowledge Translation and Digital Systems / Soutenir les enfants, les adolescents et les parents : créer les capacités internationales nécessaire pour avoir un impact, transférer des connaissances et élaborer des systèmes numériques Location / Lieu: 2G
7:30-9:00 7h30 à 9h00	WORKSHOP 3 / ATELIER 3 Making exercise/physical activity safe and effective for Veterans with OS/PTSD and with/without chronic pain / Rendre l'exercice et l'activité physique sécuritaires et efficaces pour les vétérans et vétéraniennes aux prises avec une blessure de stress professionnel ou un trouble de stress post-traumatique et vivant avec ou sans douleur chronique Location / Lieu: 2F
7:30-9:00 7h30 à 9h00	WORKSHOP 4 / ATELIER 4 Student Workshop - Building your Career Toolbox / Atelier pour les étudiants et étudiantes - Construire sa trousse à outils de carrière Location / Lieu: PAN AM
7:30-9:00 7h30 à 9h00	WORKSHOP 5 / ATELIER 5 Exploring Service Provider Knowledge, Needs, and Perceptions for Disclosures of Military Sexual Misconduct and/or Military Sexual Trauma / Étude des connaissances, des besoins et des perceptions des fournisseurs de services concernant la divulgation des cas d'inconduite sexuelle militaire de même que des traumatismes sexuels militaires Location / Lieu: 2E
8:00-9:30 8h00 à 9h30	BREAKFAST / DÉJEUNER Location / Lieu: Hall C City View - 3 rd floor / 3 ^e étage - Hall C City View
9:30-10:30 9h30 à 10h30	MORNING PLENARY / SÉANCE PLÉNIÈRE MATINALE 2024 CMVHR Fellow Presentation / Présentation du membre institutionnel(le) de l'ICRSMV 2024 University of Manitoba Remarks Michael Benarroch, PhD, President and Vice-Chancellor, University of Manitoba LCol Andrew Beckett, CD, MD, Trauma Advisor to the Surgeon General, Chief of General Surgery, Canadian Armed Forces; Assistant Professor, University of Toronto; Assistant Professor, McGill University; Medical Director, Trauma Program, St. Michael's Hospital / Conseiller en traumatisme pour le médecin général des Forces armées canadiennes, professeur adjoint, University of Toronto, professeur adjoint, Université McGill et directeur médical, programme de traumatologie, St. Michael's Hospital AI Applications to Enhance Military Medical Readiness Jaques Ralifman, PhD, Senior Research Scientist, U.S. Army Medical Research and Development Command, Fort Detrick, MD / Chercheur scientifique principal, U.S. Army Medical Research and Development Command, Fort Detrick, MD Royal Canadian Legion Doctoral Scholarship Announcement / Remise de la bourse d'étude pour le Légion royale canadienne Location / Lieu: Hall C City View - 3 rd floor / 3 ^e étage - Hall C City View

Additional tips and reminders

- Share your questions or comments with presenters
 - During Q&A
 - One-on-one (after presentations or at networking breaks)
- Researchers have specific areas of expertise
- Seek out Atlas researchers during the conference who can:
 - Facilitate introductions to other researchers or colleagues
 - Support program navigation
 - Answer questions about research
- You have flexibility to match sessions to your interests and energy
- Have fun!

Post-CIMVHR Forum debrief

- Online survey to follow
- Debriefing as a group — impressions and recommendations for CIMVHR Forum 2026 travel grants

CONTACT - - - - - ➔ engagement-atlas@theroyal.ca

Stay connected

EMAIL

info@atlasveterans.ca

SOCIAL

 [@atlasveteransca](#)

 [@atlasveteransca](#)

 [linkedin.com/company/atlasveteransca](https://www.linkedin.com/company/atlasveteransca)

 [youtube.com/@atlasveteransca](https://www.youtube.com/@atlasveteransca)



Thank you!

Funded by Veterans Affairs Canada
Financé par Anciens Combattants Canada



Disclaimer: Views and opinions expressed are solely those of the Atlas Institute for Veterans and Families and may not reflect the views and opinions of the Government of Canada.