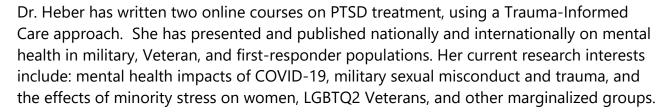
## Biography

## LCol (ret'd) Alexandra Heber MD FRCPC CCPE

Dr. Alexandra Heber has over 35 years' experience as a nurse, and as a psychiatrist. After a decade working with HIV+ clients and leading an ACT Team in Toronto, she enrolled in the Canadian Forces in 2006, and deployed to Afghanistan in 2009-10.

In 2016, she became inaugural Chief of Psychiatry for Veterans Affairs
Canada. She also worked with the Public Health Agency of Canada to
help develop the Federal Framework on PTSD. Currently, she co-chairs the Canadian
Military Sexual Trauma Community of Practice.



Dr. Heber is an Assistant Professor of Psychiatry at the University of Ottawa.